

## Functional Pain Scale

ID #: -----

Date: -----

Name: -----

Unit: -----

RA: -----

Score \_\_\_\_\_

**1. Are you in Pain?**

No pain = 0 If yes continue

**2. Is pain tolerable?**

Yes = continue to question 3,  
No = continue to question 4.

**3. Does it prevent you from doing activities?**

No = 1 (pain tolerable)  
Yes = 2 (pain tolerable)

**4. Can you use the telephone, watch television or read?**

Yes = 3 (pain intolerable)  
No = 4

**5. Pain is intolerable and can't use telephone, watch television or read.**

Yes = 4

**Note:** Unable to verbally communicate because of pain = 5

Ideally, all patients should reach a 0 to 2 level, preferably 0 to 1. It should be made clear to the respondent that limitations in function only apply if limitations are due to the pain being evaluated.

First determine whether or not pain is present. If subject replies that pain exists, the other two categories in the assessment are evaluated – subjective and functional.

Second is to have the patient rate the pain subjectively as tolerable or intolerable.

Third, if pain is tolerable the next step is to determine whether pain interferes with any activity.

If pain is intolerable, the next step is to ascertain whether pain is so intense as to prevent passive activities e.g. using telephone, watching television or reading.