

# Iowa Pain Thermometer Scale

Name \_\_\_\_\_

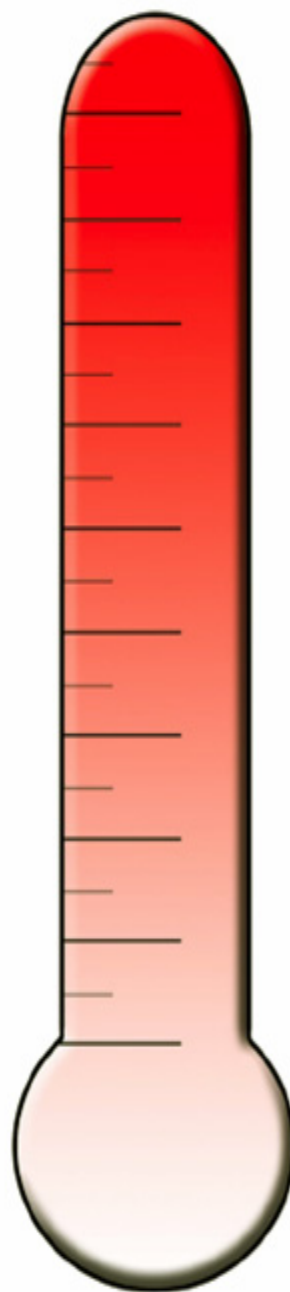
Date \_\_\_\_\_

## Iowa Pain Thermometer Use

This tool is excellent for patients whose cognitive deficits are moderate to severe, or who have difficulty communicating verbally. Have the patient check the circle next to the thermometer to indicate the intensity of current pain.

## Iowa Pain Thermometer Scoring

Document the words corresponding to the area of the thermometer the patient marks to identify the level of pain intensity. Evaluate the change in pain descriptors selected by the patient over time to determine the effectiveness of pain treatments. Alternately, the words can be scored from 0 to 12 for recording purposes.



- The Most Intense Pain Imaginable**
- ⇕
- Very Severe Pain**
- ⇕
- Severe Pain**
- ⇕
- Moderate Pain**
- ⇕
- Mild Pain**
- ⇕
- Slight Pain**
- ⇕
- No Pain**

Used with permission of Keela Herr, PhD, RN,  
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